And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." Matthew 4:3 (ESV)

For this reason, when I could bear it no longer, I sent to learn about your faith, for fear that somehow the tempter had tempted you and our labor would be in vain. 1 Thessalonians 3:5 (ESV)

…and give no opportunity to the devil. Ephesians 4:27 (ESV)

Then Satan stood against Israel and incited David to number Israel. 1 Chronicles 21:1 (ESV)

- Satan appealed to David's fleshly pride so David could boast about the size of his country and military. At the time, David did not know Satan was behind this temptation.
- There is a cross-over between temptations from the devil and the flesh. Satan will tempt us in areas that naturally appeal to our fleshly desires. It is our choice if we pick up on that temptation and run after the temptation. Don't blame Satan for my sin.

What should I do if I _____ in to temptation?

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9 (ESV)

How do I diminish the _____ of temptation?

- Remember that saying, "No" to temptation is always a choice for more joy, not for less.

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. John 10:10 (ESV)

Life Group Questions

1. Read through 1 Corinthians 10:13. In your battle with temptation, which part of the verse is most meaningful to you? Have you memorized this verse?
2. How does knowing God plans to prove and improve our faith with hard times while Satan wants to turn the same hard times into a temptation to sin change the way you look at the hard times in your life today?
3. We learned temptation comes at us from the world, the flesh, and the devil. How does thinking of temptation from lenses change the way you see temptation in your life today?
4. What do these verses teach us about Satan's schemes to lead us into sin? 1 Corinthians 7:5, Galatians 6:1, Ephesians 4:27, Revelations 2:10, 1 Timothy 6:9.
5. Some of the best lessons on temptation come from Genesis 3:1-7 and Matthew 4:1-11. How do these accounts parallel one another? What did Jesus do differently that gave him victory over Satan when facing strong temptation?

WHAT DOES THE BIBLE SAY

1 Corinthians 10:13 – Temptation

June 19, 2022

For I do not do the good I want, but the evil I do not want is what I keep on doing. Romans 7:19 (ESV)

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. 1 Corinthians 10:13 (ESV)

1 Corinthians 10:13 — Beating Temptation

1. Realize temptation wants to take _____ my life.

No temptation has overtaken you…

- The Greek word for temptation can mean a ____/_____ in life OR it can mean a _____.
- God brings tests/trials to _____ my faith.

After these things God tested Abraham… Genesis 22:1 (ESV)

Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. 1 Peter 4:12 (ESV)

- God brings tests/trials to _____ my faith.

Before I was afflicted I went astray, but now I keep your word. Psalm 119:67 (ESV)

It is good for me that I was afflicted, that I might learn your statutes. Psalm 119:71 (ESV)

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. James 1:2–4 (ESV)

Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. James 1:13 (ESV)

But each person is tempted when he is lured and enticed by his own desire. James 1:14 (ESV)

- A trial is a hard time on the _____ of my life that God intends to build my faith. A temptation is when a trial gets _____ my heart and I allow it to pull me away from Jesus.

- To beat temptation I must guard my _____.

  We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,… 2 Corinthians 10:5 (ESV)

  Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. Philippians 4:8 (ESV)

  You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Isaiah 26:3 (ESV)

2. God promises I am not _____ in my temptations.

…no temptation has overtaken you but such as is common to man…

- Temptation wants me to feel like I am _____. Knowing others are facing the same temptations and successfully turning away from them should encourage me in my battle against temptation.

3. God promises to _____ the temptations I face.

…God will not allow you to be tempted beyond what you are able…

And the Lord said to Satan, "Behold, all that he has is in your hand. Only against him do not stretch out your hand." So Satan went out from the presence of the Lord. Job 1:12 (ESV)

So he asked them again, "Whom do you seek?" And they said, "Jesus of Nazareth." Jesus answered, "I told you that I am he. So, if you seek me, let these men go." This was to fulfill the word that he had spoken: "Of those whom you gave me I have lost not one." John 18:7–9 (ESV)

4. God promises to provide a way _____ of temptation.

…with the temptation he will also provide the way of escape, that you may be able to endure it. 1 Corinthians 10:13 (ESV)

A. Often the way of escape in my trials is to _____ them.

So don't try to get out of anything prematurely. Let it do its work so you become mature and well-developed, not deficient in any way. James 1:4 (The Message)

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. Romans 5:3–5 (ESV)

B. Often the way of escape from my temptations is to _____ from them.

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. 1 Corinthians 6:18 (ESV)

- If Samson—who was the strongest man in the world—was destroyed by sexual sin, and Solomon—who was the smartest man in the world—was destroyed by sexual sin, it doesn't matter how strong I am or how smart I am. If I allow myself to be enticed by sexual sin I will be _____ by sexual sin.

Q&A on Temptation

Where will temptations _____ from in my life?

A. The World — _____ Temptation

- The world is the godless values and system of our culture that the devil tries to press into our life from society.

  Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. 1 John 2:15 (ESV)

  For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. 1 John 2:16 (ESV)

B. The Flesh — _____ Temptation

But each person is tempted when he is lured and enticed by his own desire. James 1:14 (ESV)

For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. Mark 7:21–22 (ESV)

C. The Devil — _____ Temptation

But each person is tempted when he is lured and enticed by his own desire. James 1:14 (ESV)