

Marital Wipeouts happen when the love and respect relationship is broken.

“Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.” This mystery is profound, and I am saying that it refers to Christ and the church. However, let each one of you love his wife as himself, and let the wife see that she respects her husband. Ephesians 5:31–33 (ESV)

Page 5

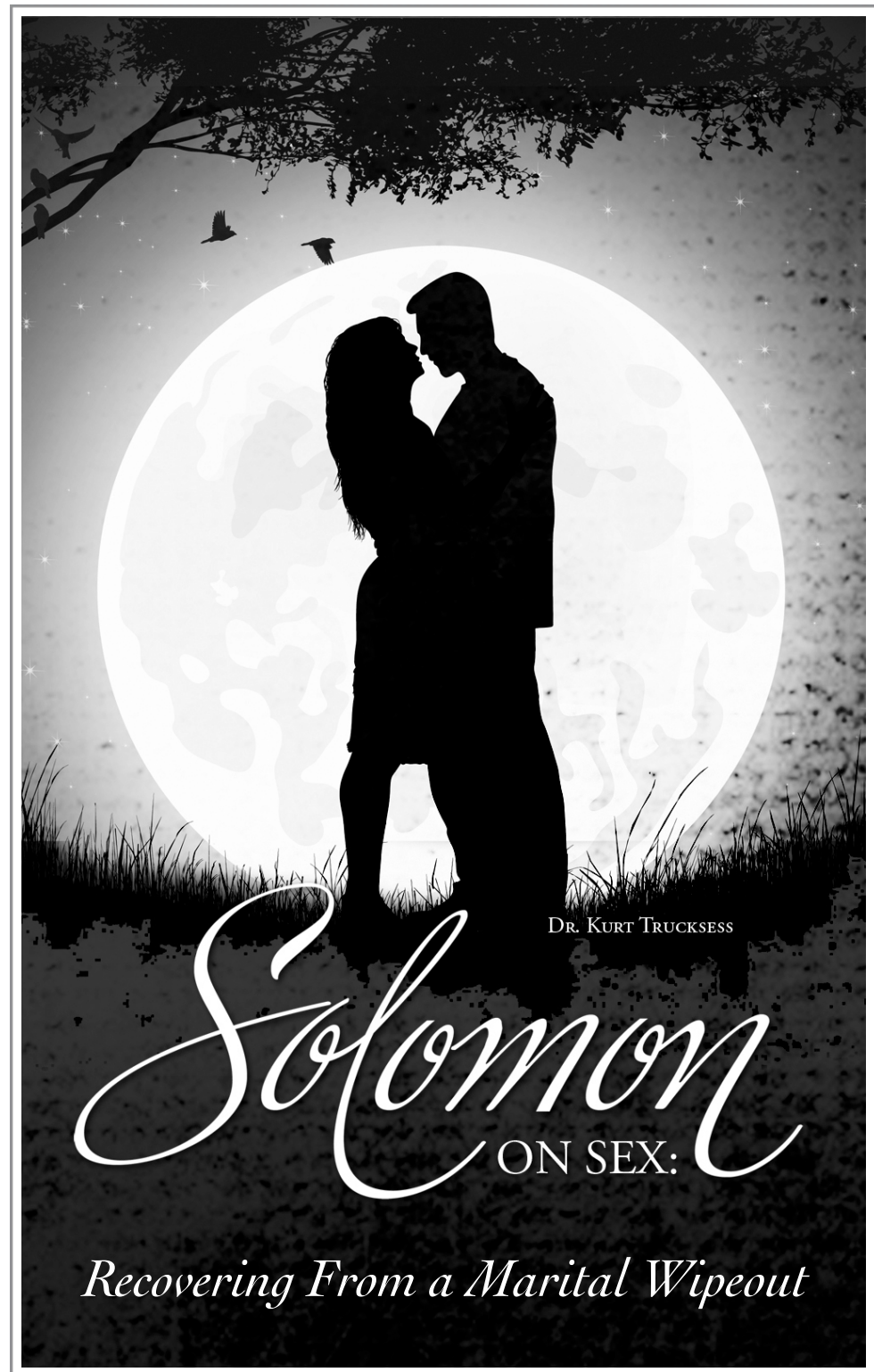
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March 25: [Solomon on Sex - Husbandly Romance](#)

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Faith Church - EFCA

March 18, 2012

Song of Solomon 5:9-6:9



What is your beloved more than another beloved, O most beautiful among women? What is your beloved more than another beloved, that you thus adjure us? Song of Solomon 5:9 (ESV)

How to Recover from a Marital Wipeout

What does a wife need to say to her husband?

(External) You stand out from other men.

My beloved is radiant and ruddy, distinguished among ten thousand. Song of Solomon 5:10 (ESV)

Application: *Wives, don't just tell him you love him, tell him there is nobody else like him.*

(Internal) I appreciate your intellect and gifts.

His head is the finest gold;... Song of Solomon 5:11 (ESV)

Application: *Wives, be your husband's cheerleader.*

What does a husband need to say to his wife?

You captivate my heart.

You are beautiful as Tirzah, my love, lovely as Jerusalem, awesome as an army with banners. Turn away your eyes from me, for they overwhelm me— Your hair is like a flock of goats leaping down the slopes of Gilead. Song of Solomon 6:4–5 (ESV)

Application: *Tell your wife how you feel about her.*

You capture my eye, just like when we met.

Your hair is like a flock of goats leaping down the slopes of Gilead. Your teeth are like a flock of ewes that have come up from the washing; all of them bear twins; not one among them has lost its young. Your cheeks are like halves of a pomegranate behind your veil. Song of Solomon 6:5–7 (ESV)

Application: *Tell your wife she is beautiful, just like the day you met her.*

You are the only woman I want.

There are sixty queens and eighty concubines, and virgins without number. My dove, my perfect one, is the only one, the only one of her mother, pure to her who bore her. The young women saw her and called her blessed; the queens and concubines also, and they praised her. Song of Solomon 6:8–9 (ESV)

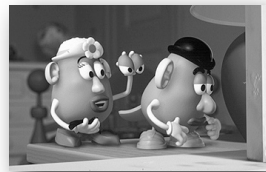
Application: *Tell your wife you only have eyes for her. If you could marry her again, you would do it in a minute.*

(External) I love the way you look.

his locks are wavy, black as a raven. Song of Solomon 5:11 (ESV)

(Internal) I love your gentleness.

His eyes are like doves beside streams of water, bathed in milk, sitting beside a full pool. Song of Solomon 5:12 (ESV)



Application: *Wives, tell your husband how much you appreciate his gentleness.*

(External) I appreciate the way you care for your appearance.

His cheeks are like beds of spices, mounds of sweet-smelling herbs. Song of Solomon 5:13 (ESV)

(Internal) I love the gentle way you talk to me.

his lips are lilies, dripping liquid myrrh. Song of Solomon 5:13 (ESV)

His mouth is most sweet, and he is altogether desirable... Song of Solomon 5:16 (ESV)

Application: *Tell your husband how refreshing gentle words are to your heart.*

(External) I appreciate when you stay in shape.

His arms are rods of gold, set with jewels. His body is polished ivory, bedecked with sapphires. His legs are alabaster columns, set on bases of gold. His appearance is like Lebanon, choice as the cedars. Song of Solomon 5:14–15 (ESV)

Application: *Wives, encourage your husband as he takes care of himself.*

(Internal) He is not just my lover, he is my best friend.

This is my beloved and this is my friend. Song of Solomon 5:16 (ESV)

Application: *Focus on Friendship.*

No Secrets!

Where has your beloved gone, O most beautiful among women? Where has your beloved turned, that we may seek him with you? My beloved has gone down to his garden to the beds of spices, to graze in the gardens and to gather lilies. I am my beloved's and my beloved is mine; he grazes among the lilies. Song of Solomon 6:1–3 (ESV)

Application: *Tell your spouse there are no secrets between you. If there are secrets, change it. Tell them where you would go and what you would do if your relationship started to fall apart.*