



# Solomon on Sex

## *The One Thing I Can Change Is Me*

Small Group Work Sheet

March 25, 2012

### Part 1 - Ice Breaker

- This week we learned the new stage, lights and video can not be installed until April 16 because of equipment availability. When we face disappointments in life, how should we respond?
- What do we know is always true for Christians when we face disappointments?

### Part 2 - Sermon Review

1. When the Shulamite's marriage was tough, what were the temptations she faced? Why would giving into those temptations be a dead-end road?
2. Men are designed by God to be very responsive to a woman's appearance. The Shulamite used her sexuality to revitalize her marriage. When it comes to leading change, why is it wiser to use a carrot, rather than a stick? Why do we default to using a stick?
3. Flip the rolls around in the text. What would it look like for a husband to motivate change in his wife by becoming her carrot, rather than her stick?
4. Why is it so hard to be a carrot, not a stick, without Jesus?
5. Most husbands would be thrilled if their wife acted like the Shulamite in this passage. What attitudes and actions of a husband discourage this kind of healthy intimacy?
6. Look up 1 Corinthians 7:3-4. What is one of the reasons God made us sexual beings?
7. Look up Philippians 2:3-5. What does this teach us about servanthood in marriage?
8. How can a husband encourage this kind of rich intimacy with his wife?
  1. **Be verbally positive.** Solomon consistently built his wife up. Verbal shredding is discouraging.
  2. **Plan time in your schedule for romance.** Time together should be important enough to schedule it.
  3. **Learn to laugh at yourself.** Don't be too serious, have fun.
  4. **Get some privacy.** You can't have this kind of marriage if kids have access to your bedroom.
  5. **Don't be selfish.** See yourself as a servant.
  6. **Get rid of the shame.** If you have past sexual shame, remember Jesus died for your sins. He separates them from you. Don't let the shame of your past encroach on your marriage.

## Part 3 - Easter is Coming!



Pick up **Easter Invitation Cards** at the *Ministry Connection Center*. In your small group, make a list of people you want to invite that Sunday. Hold one another accountable in upcoming meetings.