

Solomon on Sex

Sin in the Bedroom Small Group Work Sheet March 11, 2012

Part 1 - Ice Breaker

- Will you be able to help with the painting and construction of the new stage?
- · As a small group, can you volunteer to help?

Part 2 - Sermon Review

- 1. Can you relate to the frustration of Solomon and the Shulamites experience?
- 2. Selfishness is often the cause of marital difficulties. Why is selfishness so natural? Why is selfishness so debilitating to a relationship?
- 3. Share a time when your own sinful selfishness made it rough in your marriage.
- 4. What is the character quality God tells us to cultivate? Who models that character quality best?
- 5. According to 1 Corinthians 7:3-5, what are dangers of rejecting your spouse's sexual initiatives? (Answers are on the back in the box)
- 6. In the sermon, we looked at ways selfishness shows up in the bedroom. What are other places selfishness rears its ugly head in marriage? Is there selfishness in your life that the Holy Spirit made you aware of through this sermon?
- 7. What are ways spouses manipulate one another? Why is manipulation so sinful?
- 8. What is wrong with "waiting to do the right thing?"
- 9. Study Servanthood
 - 1. What does Mark 10:43-45 teach about greatness before? Before this sermon, did you every apply this to how you served your spouse in the bedroom?
 - 2. What does John 13:12-15 teach about servanthood? How does this passage apply to marriage?
 - 3. What does Philippians 2:3-8 teach about the extent of servanthood we are to have in our lives? What applications does that bring to mind for marriage?

Part 3 - Digging Deeper¹

What does a wife need?

Time - this is the currency of relationship in a woman's mind. She needs you to clear space on your calendar. That is the way she understands she is valuable to you.

Talk - This is how she connects with you. It is also one way she handles stress.

Tenderness - It feeds her soul when she knows she is nourished and cherished.

Touch - non-sexual, affectionate touch is crucial for a wife. If she only receives touch as a prelude to sex, she will begin to feel used, not loved.

What does a husband need?

Cheerleader - a man thrives on his wife's approval and praise.

Champion - a wife's respect and encouragement lifts a man's spirit and his sense of self-worth.

Companion - a man wants his wife to be his best friend.

Complement - a man feels he is incomplete without his wife and family.

¹ Bob Turnbull, "What Your Wife Really Needs," *Marriage Partnership* (Fall 1999).